## CLAIMS

This listing of claims will replace all prior versions, and listings, of claims in the application:

## What is claimed is:

1. (Currently Amended) A method for integrating personal data capturing functionality into a wireless communication device, the method comprising:

receiving personal data of a user by at least one
personal parameter receiver, the personal data comprising step

data corresponding to a number of steps counted during an
activity of the user;

capturing the personal data in the wireless communication device; and

transmitting the personal data from the wireless communication device to a network server over a wireless network.

- 2. (Original) The method of claim 1 wherein the at least one personal parameter receiver is contained in a personal data capture device attachable to the wireless communication device.
- 3. (Original) The method of claim 1 wherein the at least one personal parameter receiver is contained in the wireless communication device.

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- (Original) The method of claim 1 wherein the 4. wireless communication device is a cellular telephone.
- 5. (Original) The method of claim 1 wherein the personal data is transmitted to the network server periodically.
- (Original) The method of claim 1 wherein the personal data is transmitted to the network server upon receiving a user request.
- (Original) The method of claim 1 wherein the 7. personal data comprises physical data and biometrical parameters of the user.

(Original) The method of claim 1 further 8. comprising:

generating feedback information pertaining to the personal data; and

displaying the feedback information to the user.

9. (Original) The method of claim 8 wherein the feedback information is displayed on a display of the wireless communication device.

- 10. (Original) The method of claim 1 further comprising displaying at least a portion of the personal data to the user on a display of the wireless communication device.
- 11. (Original) The method of claim 1 wherein the wireless communication device is combined with a portable computing device.
- 12. (Currently Amended) A method for integrating personal data capturing functionality into a portable computing device, the method comprising:

receiving personal data of a user by at least one personal parameter receiver, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;

capturing the personal data in the portable computing device; and

transmitting the personal data from the portable computing device to a network server over a wireless network.

13. (Original) The method of claim 12 wherein the at least one personal parameter receiver is contained in a personal data capture device attachable to the portable computing device.

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- 14. (Original) The method of claim 12 wherein the at least one personal parameter receiver is contained in the portable computing device.
- 15. (Original) The method of claim 12 wherein the portable computing device is a personal digital assistant (PDA).
- 16. (Original) The method of claim 12 wherein the personal data is transmitted to the network server periodically.
- 17. (Original) The method of claim 12 wherein the personal data is transmitted to the network server upon receiving a user request.
- 18. (Original) The method of claim 12 wherein the personal data comprises physical data and biometrical parameters of the user.
- 19. (Original) The method of claim 12 further comprising: generating feedback information pertaining to the personal data; and displaying the feedback information to the user.
- 20. (Original) The method of claim 19 wherein the feedback information is displayed on a display of the portable computing device.

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- 21. (Original) The method of claim 12 further comprising displaying at least a portion of the personal data to the user on a display of the portable computing device.
- 22. (Currently Amended) A wireless communication device comprising:
- at least one personal parameter receiver to receive personal data of a user, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;
- a microprocessor, coupled to the at least one personal parameter receiver; and
- a memory, coupled to the microprocessor, to store the personal data, the microprocessor to transmit the personal data from the memory to a network server over a wireless network.
- 23. (Original) The device of claim 22 further comprising an input device to receive a user request to transmit the personal data to the network server.
- 24. (Original) The device of claim 22 further comprising a display device to display information pertaining to the personal data to the user.

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- (Currently Amended) An apparatus comprising: 25.
- a wireless communication device; and

a personal data capture device, attachable to the wireless communication device, to receive personal data of a user, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;

and to transmit the personal data to the wireless communication device, the wireless communication device to transmit the personal data to a network server over a wireless network.

- 26.
- (Original) The apparatus of claim 25 wherein the wireless communication device is a cellular telephone.
  - (Original) The apparatus of claim 25 wherein the 27. personal data capture device comprises an input device to receive a user request to transmit the personal data to the network server.
  - (Original) The apparatus of claim 25 wherein the wireless communication device comprises a display device to display information pertaining to the personal data to the user.
  - (Currently Amended) A portable computing device 29. comprising:

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at least one personal parameter receiver to receive personal data of a user, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;

a microprocessor, coupled to the at least one personal parameter receiver; and

a memory, coupled to the microprocessor, to store the personal data, the microprocessor to transmit the personal data from the memory to a network server over a wireless network.

- 30. (Currently Amended) The device of claim 29 further comprising an input device to receive a user request to transmit the personal data to the network server.
- 31. (Currently Amended) The device of claim 29 further comprising a display device to display information pertaining to the personal data to the user.
  - 32. (Currently Amended) An apparatus comprising: a portable computing device; and
- a personal data capture device, attachable to the portable computing device, to receive personal data of a user, the personal data comprising step data corresponding to a number of steps counted during an activity of the user; and

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to transmit the personal data to the portable computing device, the portable computing device to transmit the personal data to a network server over a wireless network.

- 33. (Original) The apparatus of claim 32 wherein the portable computing device is a personal digital assistant (PDA).
- 34. (Original) The apparatus of claim 32 wherein the personal data capture device comprises an input device to receive a user request to transmit the personal data to the network server.
- (Original) The apparatus of claim 32 wherein the 35. portable computing device comprises a display device to display information pertaining to the personal data to the user.
- (Currently Amended) A device combining a wireless 36. communication device with a portable computing device, the device comprising:

at least one personal parameter receiver to receive personal data of a user, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;

a microprocessor, coupled to the at least one personal parameter receiver; and

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a memory, coupled to the microprocessor, to store the personal data, the microprocessor to transmit the personal data from the memory to a network server over a wireless network.

- The device of claim 36 further 37. (Original) comprising an input device to receive a user request to transmit the personal data to the network server.
- (Original) The device of claim 36 further 38. comprising a display device to display information pertaining to the personal data to the user.

- (Currently Amended) An apparatus comprising: 39. a multi-purpose device combining a wireless
- communication device and a portable computing device; and
- a personal data capture device, attachable to the multi-purpose device, to receive personal data of a user, the personal data comprising step data corresponding to a number of steps counted during an activity of the user; and

to transmit the personal data to the multi-purpose device, the multi-purpose device to transmit the personal data to a network server over a wireless network.

The apparatus of claim 39 wherein the 40. (Original) multi-purpose device is a combination of a cellular telephone and a personal digital assistant (PDA).

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- (Original) The apparatus of claim 39 wherein the 41. personal data capture device comprises an input device to receive a user request to transmit the personal data to the network server.
- The apparatus of claim 39 wherein the 42. (Original) multi-purpose device comprises a display device to display information pertaining to the personal data to the user.
- (Currently Amended) A multi-purpose device 43. combining a wireless communication device and a personal computing device, the multi-purpose device comprising:

at least one personal parameter receiver to receive personal data of a user, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;

- a microprocessor, coupled to the at least one personal parameter receiver; and
- a memory, coupled to the microprocessor, to store the personal data, the microprocessor to transmit the personal data from the memory to a network server over a wireless network.
- The device of claim 43 further 44. (Original) comprising an input device to receive a user request to transmit the personal data to the network server.

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- 45. (Original) The device of claim 43 further comprising a display device to display information pertaining to the personal data to the user.
- 46. (Currently Amended) A computer readable medium that provides instructions, which when executed on a processor, cause said processor to perform operations comprising:

receiving personal data of a user by at least one personal parameter receiver, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;

capturing the personal data in the wireless communication device; and

transmitting the personal data from the wireless communication device to a network server over a wireless network.

47. (Currently Amended) A computer readable medium that provides instructions, which when executed on a processor, cause said processor to perform operations comprising:

receiving personal data of a user by at least one personal parameter receiver, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;

capturing the personal data in the portable computing device; and

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transmitting the personal data from the portable computing device to a network server over a wireless network.

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